

# The Battle Behind the Person You're Drawn To

By System Import | Sermon | March 14, 2026

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Have you ever met someone and felt an immediate, inexplicable pull toward them? It wasn't just physical attraction, and it wasn't just a shared interest. It felt deeper. It felt like a recognition. It was as if your spirit looked at their spirit and said, "I know you." You might find yourself constantly thinking about them, feeling a burden to pray for them, or sensing a strange familiarity that defies logic. The world calls this "chemistry," "vibes," or a "spark." But the Bible reveals that human connections are rarely random. They are intersections of destiny. Every person you are drawn to is either a bridge to your future or a trapdoor to your past. They are either sent by God to sharpen you or sent by the enemy to distract you. And the intense "pull" you feel is actually the resonance of a spiritual battle taking place in the unseen realm.

We often navigate our relationships blind, led by our emotions rather than our discernment. We assume that because we "feel good" around someone, they must be good for us. Or we assume that because we feel a "burden" for someone, we are supposed to save them. But the spiritual reality is far more complex. That attraction is a signal. It is data. It is your spirit picking up on a frequency. The question is: What is that frequency? Is it the frequency of a shared Kingdom assignment, or is it the frequency of a shared wound? Is this person a Jonathan who will help you become King, or a Delilah who is sent to shear your strength?

If you are currently wrestling with a strong pull toward someone—whether it's a friend, a potential spouse, or a leader—and you are trying to understand *\*why\** they are taking up so much real estate in your mind, this message is your answer key. We are going to decode the spiritual mechanics of attraction. We are going to look at the seven biblical reasons why our souls gravitate toward certain people. We are going to learn how to distinguish between a "divine setup" and a "demonic distraction." And before we dive in, if this message is already stirring something in you, hit the subscribe button and stay connected to God's Word daily, because we are about to learn how to guard the gates of our hearts.

### Number 1: The Principle of Spiritual Resonance — "Deep Calls to Deep"

The most fundamental reason you are drawn to someone is spiritual resonance. Psalm 42:7 says, "Deep calls to deep in the roar of your waterfalls." In the physical world, if you pluck a guitar string in a room full of guitars, the matching strings on the other guitars will begin to vibrate without being touched. This is resonance. In the spiritual realm, your spirit has a specific "sound" or frequency based on your history with God, your anointing, and your destiny.

When you meet someone carrying a similar weight of glory, or a compatible anointing, your spirit vibrates. You feel a "leap" on the inside. This happened to Elizabeth in Luke 1:41. When Mary,

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pregnant with Jesus, walked into the room, the baby (John the Baptist) in Elizabeth's womb "leaped." Elizabeth didn't know Mary was pregnant yet, but her spirit (and the spirit of her unborn son) recognized the presence of the Messiah. It was a recognition of destiny.

This attraction is holy. It is God connecting two soldiers who are fighting in the same army. You are drawn to them because you sense that they "get it." You don't have to explain yourself to them. There is a flow. This is the basis of a Kingdom connection. However, you must be careful not to confuse this spiritual resonance with romantic love. Just because your spirits align doesn't mean your lives are meant to merge. It might mean you are called to pray for them, partner with them, or simply encourage them. The battle here is to discern the *\*purpose\** of the resonance without rushing into a relationship God hasn't authorized.

## Number 2: The Assignment of Healing — The Good Samaritan Dynamic

Sometimes, you are drawn to someone not because they are your equal, but because they are your assignment. You feel a deep, aching compassion for them. You see their potential buried under layers of trauma. You feel a supernatural urge to help, to fix, to heal. This is the heart of the Good Samaritan (Luke 10). He was "drawn" to the wounded man on the side of the road when everyone else walked past.

This attraction is the love of God flowing through you. It is the Gift of Mercy operating. But this is also a dangerous battleground. The enemy loves to trick empathetic Christians into marrying their "projects." You mistake your desire to *\*heal\** them for a desire to *\*be with\** them. You fall in love with their potential, not their reality.

If you are drawn to someone who is broken, addicted, or spiritually immature, you must ask God: "Am I their intercessor, or am I their partner?" Usually, if you feel a "rescue" dynamic, you are called to pray, not to date. The battle is to love them without losing yourself. You are drawn to them because you carry the oil and wine they need, but you must be careful not to become the donkey that carries their baggage forever. Healing is an assignment; it is not necessarily a marriage license.

## Number 3: The Trap of the Familiar Wound — Trauma Bonding

There is a darker side to attraction. Sometimes, we are drawn to people not because they are healthy, but because they are familiar. If you grew up in a chaotic home, chaos feels like "normal." If you had a critical parent, a critical partner feels like "home." Psychology calls this "repetition compulsion." You are subconsciously trying to recreate the trauma of your past in hopes of finally fixing it.

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The Bible warns against this in Proverbs 26:11: "As a dog returns to its vomit, so fools repeat their folly." This is a harsh image, but it describes the spiritual cycle of returning to what made us sick. You might be drawn to a narcissist because their controlling nature feels like the "love" you received as a child. You might be drawn to an emotionally unavailable person because you are used to begging for attention.

The battle here is a battle for deliverance. The enemy is using your unhealed wounds as a magnet to drag you back into bondage. The "chemistry" you feel is actually a trauma bond—a shared sickness. This attraction is a warning light on your dashboard telling you that there is still a part of your heart that believes abuse is love. The way to break this attraction is not to "follow your heart," but to heal your heart. When you get healthy, the people who used to attract you will start to repel you.

## Number 4: The Iron Sharpens Iron Dynamic — The Friction of Growth

Sometimes, you are drawn to someone who intimidates you, challenges you, or even frustrates you. They don't coddle you. They speak truth that stings. Yet, you can't stay away. You respect them. This is the dynamic described in Proverbs 27:17: "As iron sharpens iron, so one person sharpens another."

Sharpening is a violent process. It involves friction, heat, and sparks. Iron does not sharpen iron by rubbing gently; it sharpens by striking. You are drawn to this person because your spirit knows that you have become dull. You have become complacent. God has sent this person into your life to grind away the rust and put a fresh edge on your sword.

The battle here is against your own ego. Your flesh hates this person because they make you uncomfortable. They expose your laziness or your lack of knowledge. But your spirit is drawn to them because you want to grow. Do not run from the friction. This attraction is a sign that God is trying to upgrade you. He is bringing you into alignment with a mentor, a leader, or a friend who will demand your best. Submit to the sharpening.

## Number 5: The Destiny Connection — The Jonathan and David Covenant

The rarest and most powerful form of attraction is the Destiny Connection. This is exemplified by David and Jonathan. 1 Samuel 18:1 says, "After David had finished talking with Saul, Jonathan became one in spirit with David, and he loved him as himself." Jonathan was the heir to the throne; David was the anointed King. By all political logic, they should have been enemies. But their spirits were "knit" together.

Jonathan recognized the anointing on David. He stripped off his own robe and gave it to David. He

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recognized that his destiny was wrapped up in helping David succeed. You will occasionally meet people who are "covenant connectors." You are drawn to them because they hold a key to your next level, or you hold a key to theirs.

This is a strategic alliance orchestrated by heaven. The battle here is against jealousy and competition. Saul (Jonathan's father) tried to kill the connection because he was jealous. The enemy will always try to sow discord between destiny partners. He will use misunderstanding, pride, and offense to sever the tie. You must fight for these relationships. They are the scaffolding of your future. If you feel a "Jonathan" pull toward someone, cherish it, protect it, and serve it. It is God building His Kingdom.

## Number 6: The Counterfeit — The Delilah Distraction

For every holy connection, the devil has a counterfeit. Samson was a man with a supernatural calling, but he had a weakness for the wrong women. He was drawn to Delilah. Why? Because the enemy studies you. He knows your "type." He knows what appeals to your flesh. He sent Delilah, a woman who was beautiful but bought by the Philistines, to seduce him and discover the secret of his strength.

The Delilah attraction feels intense. It is passionate. It is consuming. But it is draining. Samson kept going back to her even after she tried to bind him three times. He was blinded by lust and a false sense of security. The enemy sends counterfeits that look like "the one" but are designed to be "the end."

The battle here is discernment. You must look past the packaging and look at the fruit. Does this person push you toward God or pull you away? Do they respect your boundaries or mock them? Do they drain your strength or add to it? The "spark" you feel might just be the fire that is about to burn your house down. You must be willing to walk away from something that *\*feels\** right but *\*lines up\** wrong.

## Number 7: The Holy Spirit's Vetting Process — The "Check" in Your Spirit

Finally, there is the battle of the "Check." Sometimes you are drawn to someone, everything looks right on paper, they are a Christian, they are nice... but there is a quiet, nagging hesitation in your gut. A "yellow light." A lack of peace. This is the Holy Spirit acting as a metal detector.

In Acts 16, Paul tried to go into Bithynia to preach the Gospel—a good thing!—but "the Spirit of Jesus would not allow them." We don't know how He stopped them, but Paul sensed a "No." Just because a person is "good" doesn't mean they are "God" for you. Just because you are attracted doesn't mean you are assigned.

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The battle is trusting the Holy Spirit over your own emotions. It is hard to walk away when your heart wants to stay, but your spirit says "Caution." But that hesitation is the protection of God. He sees the future. He sees the incompatibility that will arise in five years. The person you are drawn to might be a great person, but the wrong puzzle piece. If you force it, you will damage the picture.

## Conclusion

The person you are drawn to is never an accident. It is a test. It is a revelation of what is happening inside you.

We have seen the Principle of Resonance, the Assignment of Healing, and the danger of Trauma Bonding. We have recognized the Iron Sharpens Iron dynamic, the Destiny Connection, and the Counterfeit Delilah. And we have learned to heed the Holy Spirit's Check.

Do not follow your attraction blindly. Submit it to God. Ask Him, "Lord, why did You put this person in my path? Is this a mirror to show me my wounds? Is this a partner for my purpose? Or is this a trap for my feet?"

When you let God filter your relationships, you stop wasting time on distractions and start investing in destiny. Guard your heart, for everything flows from it.

Before you go, make sure to subscribe, like this video, and share it with someone who needs encouragement today. And join us next time as we uncover another powerful truth from God's Word.